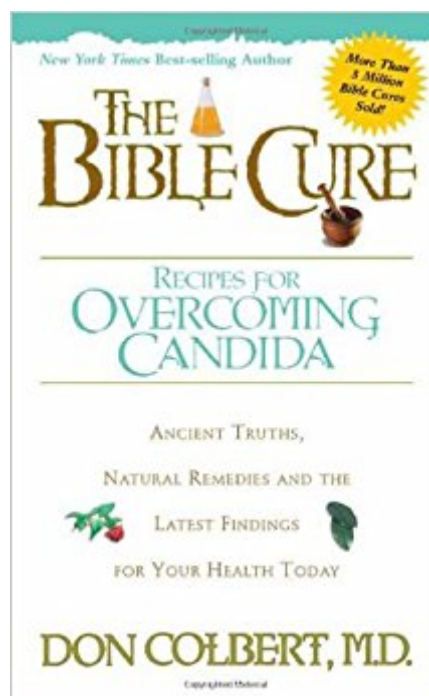




The book was found

The Bible Cure Recipes For Overcoming Candida: Ancient Truths, Natural Remedies And The Latest Findings For Your Health Today (New Bible Cure (Siloam))



Synopsis

“Delicious, healing menu selections you’ll love!” This easy-to-read book by Dr. Don Colbert is power-packed with irresistible recipes, nutritional facts and cooking tips to help heal and restore your body’s delicate balance. An overgrowth of yeast can cause fatigue, memory loss, irritability, headaches, anxiety, depression and more. Here’s good news: renewal and restoration are available for you. You’ll discover: Self-tests to help you determine if you have candidiasis Immune system boosters to energize your body Breakfasts that you’ll love waking up to Healing dinners that satisfy Choices, selections, special treats-all designed to please your palate You want to be healthy. God wants you to be healthy. At last, here’s a source of information that will help you live in health-body, mind and spirit.

Book Information

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Customer Reviews

Dr. Don Colbert is a board-certified family practice medical doctor who specializes in nutritional medicine, treating over 17,000 patients. Since 1984, Dr. Colbert has helped thousands of patients regain good health and live pain free after years of suffering. A graduate of Oral Roberts School of Medicine, he has received extensive training in nutritional medicine. As a result, he has founded and developed his own nutritional supplement line, Divine Health Nutritional Products. Dr. Colbert also co-hosts Golden Eagle Network’s “Your Health Matters” with his wife, Mary. They frequently lead health seminars at home and abroad, the address health and nutrition issues as guests on national

talk shows and news broadcasts. Don and Mary make their home in Central Florida.Â

I love Dr. Colbert, and I know he genuinely cares about his patients. His advice is sound. This book, though, is kinda disappointing. There aren't that many recipes and some of the ones there are consist of something like steaming vegetables and using various herbs and seasonings on them. Most cooks don't require a recipe for that. I was looking for something a bit more substantial, like some creative ways to get through having the same food over and over. I have found some other recipes online, but I kinda wish I hadn't spent the money for this book. The best thing it has going for it is that Dr. Colbert throws in a lot of encouragement. That is useful.

I was just bothered w/ use of Agave and unfermented soy (soy milk etc) in the recipesAgave has liver toxicity effect for constant useSoy (unfermented forms) -interferes w/ hormone balance especially among females -it has other notorious effects in the health, i.e. predisposes individuals to cancer developmentBut the above does not define the validity and importance of the book itself, I recommend this to those who would like to improve their health and either prevent or manage candidiasisShalom!

Don Colbert does not disappoint. I feel better educated, but also how to deal with the overgrowth of candida in ways that do not necessarily require my PCP/PCMs intervention. This is something that I can do for myself. Taking charge of my body (and the things I have inadvertently caused in it) helps me to feel more empowered over how my body reacts to foods. With each book I read about medical issues and diet, the more convinced I am than ever that we truly are what we eat. Thank you, Dr. Colbert, for publishing these findings.

This is a tiny book that has some good information about candida and has information about the diet if you need it. I've been on the diet for a while, and was a little disappointed by the recipes...some use processed foods like tomato juice, which is hard to find without citric acid. It doesn't use too many hard-to-find ingredients though, so it's great for a family that is just starting to make the transition from the standard American diet to the candida diet.The Bible Cure Overcoming Candida (Bible Cure (Siloam))

Was shipped very quickly, it has some healthy advice for one who is on the journey to overcoming a candida overgrowth/problem, and needs to learn more about candida and or ones condition. That is

what i got it for. I read several other books on candida so i could cross reference my research (I have found this is some what a overlooked or ignored medical topic and is not often diagnosed) and this book has a good perspective on the condition, it also suggest other factors to take into consideration, but i do think that it is missing some information on taking care of the condition. But this book was a quick read and can really help point one in the right direction to get educated on this topic.

This book has a good section for evaluating whether you have candida and should consider treating it by diet and a section talking about how to think about doing this diet emotionally etc so you can succeed. The treatment for candida has changed since the book was published so many of the recipes contain food items that I am not allowed on my candida diet. I think the best thing to do is to take recipes you already like and modify them to fit your diet requirements.

Wasn't anything new

This is a great, quick, reliable, and sound read. I chose this book in order to find out what natural remedies existed to cure especially sinus infections. I was pleased at his instructions and advisement to consult your own medical professional before taking certain supplements. I like the balance of scripture and sound medical advice. I highly recommend this book!

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